

Checklist hiking equipment

For all hikes:

- Good hiking shoes
- Small backpack, max. 20 liters
- · Comfortable hiking clothes, warm and weatherproof depending on the weather
- Water / Wind proof jacket
- Cap or Sunhat, opt. hat
- Sunglasses and sun screen block
- Few but energetically snacks
- Drinking bottle
- · Hiking poles optional

For the hikes to Monte Rosa Hut and on the glaciers

- Crampons
- Harness

For the hikes to Monte Rosa Hut and other huts with overnight stay:

- Inner sleeping bag (liner) MANDATORY
- Change of clothes
- · Opt. head lamp

If you don't have all the equipment, you can rent it in one of the sports shops in Zermatt.

| • | Yosemite | Bahnhofstrasse 20 | 3920 Zermatt | +41 (0)27 968 17 77 |
|---|-----------------|-----------------------|--------------|----------------------|
| • | Salewa | Bahnhofstrasse 28 | 3920 Zermatt | +41 (0)27 967 30 73 |
| • | Matterhornsport | Bahnhofstrasse 78 | 3920 Zermatt | +41 (0)27 967 29 56 |
| • | Glacier Sport | Bahnhofstrasse 19 | 3920 Zermatt | +41 (0) 27 968 13 00 |
| • | Dorsaz Sport | Schluhmattstrasse 121 | 3920 Zermatt | +41 (0)27 966 38 10 |

